## What Can I Do With This **Ohio State** Major?

Bachelor of Science

# Health and Wellness Innovation in Healthcare

College of Nursing

Given the constant changes in the healthcare industry, there is a large need for new, innovative and sustainable models of health promotion. The Health and Wellness Innovation in Healthcare major was designed to address this revolution. Our program prepares students to support health and wellness across the lifespan, in all states of health as a health promotion professional. The curriculum includes core courses in health literacy, the dimensions of wellness, health program planning and more. All students will participate in a hands-on practicum experience at progressive and innovative organizations and businesses. This experience will prepare them for a career in health promotion.

### Career Areas/Job Titles:

#### **Industry**

Worksite Wellness Coordinator Wellness Program Manager Health Data Coordinator Director of Health Promotion Health and Wellness Coach Disease/Project Specialist Wellness Communications Non-Profit/Advocacy

Community Health Educator

**Prevention Specialist** Disease Investigator Research Coordinator Public Health Consultant Healthy Equity Coordinator

#### Government

Policy Researcher/Developer Policy Analyst

Research Analyst

### **Graduate School**

Public Health Community Health Exercise Science **Health Promotion** Health Innovation

See Graduate School Sheet

\*Some careers may require licensure, certification, or further education. Talk to an advisor about specific requirements.

### **Transferable Skills:**

Speaking Effectively Communication Skills Computer Skills Interpersonal Skills

Analytical/Critical Thinking

**Problem-Solving** 

Cultural Understanding

Social Perceptiveness

**Judgment & Decision Making** 

Leadership Teamwork

**Detail Oriented** Coaching Skills

Healthcare Fundamentals

**Health Promotion Principles** 

Autonomy Stewardship Listening Skills

Adaptability/Flexibility Managing Energy/Time

Resiliency

\*This is not an extensive list of transferable skills. See larger list of skills you might develop here: http://careerconnection.osu.edu/posts/documents/transferable-and-grad-skills.doc

### **Professional Links:**

Health Coaching link: www.ichwc.org

American Public Health Association: <a href="http://www.apha.org/">http://www.apha.org/</a>

Society of Public Health Education: http://www.sophe.org/about.cfm